

Chore Guidelines

Chore	Ages				
	2-3	4-5	6-8	9-12	13-15
Development	Posture/Balance	Fine motor skills developing	Hand eye coordination	More socially aware	Increasing strength and endurance
Grooming					
go to bathroom	yes				
brush teeth	yes				
bathe	together		yes		
comb hair	together		yes		
Bed Room					
pick up	together		yes		
make bed		together	yes		
clothes in laundry	together		yes		
Meals/Kitchen					
set table	together	yes			
load dishwasher		together	yes		
empty dishwasher		together	yes		
wash dishes		together	yes		
dry dishes		together	yes		
clean counters		together	yes		
clean fridge		together	yes		
clean oven			together	yes	
Laundry					
sort	together	yes			
wash		together	yes		
dry		together	yes		
fold socks		together	yes		
fold clothes		together	yes		
iron			together	yes	
House					
empty garbage	together	yes			
dust		together	yes		
polish		together	yes		
vacuum		together	yes		
wash windows		together		yes	
clean tub/shower		together		yes	
clean sink		together		yes	
clean toilet		together		yes	
mop		together		yes	
Pets					
feed/water	together	yes			
clean pen/cage		together	yes		
exercise		together	yes		
Yard					
mow lawn		together		yes	
rake leaves		together	yes		
water lawn/garden		together	yes		
weed		together		yes	
Vehicles					
wash		together		yes	
vacuum		together	yes		
check fluids			together	yes	
change oil			together		yes